

Lange Afstand
ANTWERPEN, 18-10-2015

1 - zondag 18 oktober 2015

18-10-2015 - 9:00

Programmanr. 1 Dames, 800m vrije slag 11 jaar en ouder
18-10-2015 - 9:00 Resultaten

Punten: FINA 2014

Rang											Tijd	Pnt	
11 - 12 jaar													
1.	Feyen Charlotte										BRABO/20006/03	10:57.16 10:57.11	424
	50m:	33.84	200m:	2:38.95	350m:	4:45.01	500m:	6:52.46	650m:	8:57.10	800m:	10:57.11	
	100m:	1:14.73	250m:	3:21.35	400m:	5:27.02	550m:	7:33.86	700m:	9:38.47			
	150m:	1:56.69	300m:	4:02.65	450m:	6:09.32	600m:	8:15.33	750m:	10:18.78			
2.	Vandeputte Silke										BRABO/20058/03	NT 11:04.77	410
	50m:	34.56	200m:	2:38.40	350m:	4:44.80	500m:	6:53.02	650m:	9:01.84	800m:	11:04.77	
	100m:	1:14.03	250m:	3:20.96	400m:	5:27.47	550m:	7:35.93	700m:	9:44.42			
	150m:	1:56.25	300m:	4:02.28	450m:	6:10.94	600m:	8:18.89	750m:	10:25.15			
3.	Van Deun Elena										BRABO/20074/03	11:45.17 11:11.13	398
	50m:	37.46	200m:	2:45.08	350m:	4:54.44	500m:	7:02.38	650m:	9:08.17	800m:	11:11.13	
	100m:	1:19.40	250m:	3:27.83	400m:	5:37.08	550m:	7:45.22	700m:	9:50.46			
	150m:	2:01.90	300m:	4:11.33	450m:	6:19.31	600m:	8:26.62	750m:	10:31.77			
4.	Brocken Gitte										RSCM/20577/03	NT 11:27.39	370
	50m:	37.57	200m:	2:47.65	350m:	4:57.73	500m:	7:10.79	650m:	9:21.25	800m:	11:27.39	
	100m:	1:20.81	250m:	3:31.29	400m:	5:42.28	550m:	7:54.17	700m:	10:05.16			
	150m:	2:04.21	300m:	4:14.18	450m:	6:26.22	600m:	8:38.20	750m:	10:45.71			
5.	De Beule Troede										BRABO/20009/03	11:19.29 11:37.58	354
	50m:	34.08	200m:	2:41.57	350m:	4:50.07	500m:	7:05.58	650m:	9:23.42	800m:	11:37.58	
	100m:	1:16.60	250m:	3:23.20	400m:	5:31.99	550m:	7:51.94	700m:	10:08.01			
	150m:	1:58.24	300m:	4:07.19	450m:	6:18.64	600m:	8:38.52	750m:	10:54.09			
6.	Nevelsteen Yanah										ZGEEL/20200/04	NT 12:00.00	322
	50m:	39.76	200m:	2:56.92	350m:	5:15.97	500m:	7:34.37	650m:	9:51.74	800m:	12:00.00	
	100m:	1:24.56	250m:	3:43.05	400m:	6:02.11	550m:	8:20.44	700m:	10:37.48			
	150m:	2:10.34	300m:	4:29.65	450m:	6:48.53	600m:	9:06.30	750m:	11:20.89			
7.	Leyten Hannelore										ZGEEL/20203/04	NT 12:55.32	258
	50m:	42.48	200m:	3:07.19	350m:	5:36.97	500m:	8:06.99	650m:	10:34.79	800m:	12:55.32	
	100m:	1:30.34	250m:	3:56.94	400m:	6:27.59	550m:	8:56.41	700m:	11:23.95			
	150m:	2:17.60	300m:	4:47.40	450m:	7:16.62	600m:	9:46.58	750m:	12:10.68			
8.	Simons Tanya										ZGEEL/21005/04	NT 12:57.37	256
	50m:	39.97	200m:	3:06.75	350m:	5:36.55	500m:	8:07.50	650m:	10:39.21	800m:	12:57.37	
	100m:	1:27.93	250m:	3:56.20	400m:	6:25.95	550m:	8:58.39	700m:	11:27.03			
	150m:	2:16.87	300m:	4:45.48	450m:	7:16.82	600m:	9:47.88	750m:	12:15.72			
9.	Jacob Yu										ZVL/20186/03	14:15.91 13:51.42	209
	50m:	45.61	200m:	3:23.67	350m:	6:06.29	500m:	8:50.47	650m:	11:25.84	800m:	13:51.42	
	100m:	1:37.03	250m:	4:17.13	400m:	7:00.94	550m:	9:43.43	700m:	12:16.41			
	150m:	2:30.33	300m:	5:11.66	450m:	7:55.61	600m:	10:36.15	750m:	13:05.85			
13 - 14 jaar													
1.	Van Wallendael Sarah										BRABO/20008/02	11:24.52 10:22.32	499
	50m:	33.35	200m:	2:32.33	350m:	4:30.55	500m:	6:28.10	650m:	8:26.36	800m:	10:22.32	
	100m:	1:13.55	250m:	3:12.21	400m:	5:10.04	550m:	7:07.62	700m:	9:05.77			
	150m:	1:52.50	300m:	3:51.52	450m:	5:48.63	600m:	7:47.21	750m:	9:44.17			
2.	De Beule Mirne										BRABO/20960/02	11:48.63 11:02.99	413
	50m:	37.95	200m:	2:45.90	350m:	4:53.59	500m:	7:00.03	650m:	9:04.51	800m:	11:02.99	
	100m:	1:20.68	250m:	3:28.30	400m:	5:35.93	550m:	7:42.05	700m:	9:45.05			
	150m:	2:03.12	300m:	4:10.82	450m:	6:18.31	600m:	8:23.05	750m:	10:24.74			
3.	Schoofs Joni										MOZKA/21017/02	NT 12:40.65	273
	50m:	40.98	200m:	3:02.96	350m:	5:28.05	500m:	7:57.05	650m:	10:21.96	800m:	12:40.65	
	100m:	1:27.32	250m:	3:51.00	400m:	6:18.29	550m:	8:45.23	700m:	11:09.68			
	150m:	2:14.91	300m:	4:39.49	450m:	7:07.79	600m:	9:35.12	750m:	11:56.51			

Lange Afstand
ANTWERPEN, 18-10-2015

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang									Tijd	Pnt		
4.	Buyts Leentje		ZVL/20174/02		NT	12:41.32				272		
	50m:	40.65	200m:	3:01.56	350m:	5:27.95	500m:	7:54.56	650m:	10:22.26	800m:	12:41.32
	100m:	1:26.96	250m:	3:50.02	400m:	6:15.95	550m:	8:43.38	700m:	11:11.25		
	150m:	2:14.23	300m:	4:38.63	450m:	7:05.19	600m:	9:32.52	750m:	11:59.60		
FF	Vanlerberghe Lina		ZVL/21008/02		NT					FF		
15 - 16 jaar												
1.	Op De Beeck Tine		ZVL/20155/00		10:33.85	10:07.56				537		
	50m:	33.21	200m:	2:25.68	350m:	4:22.53	500m:	6:18.52	650m:	8:15.14	800m:	10:07.56
	100m:	1:09.16	250m:	3:04.94	400m:	5:00.45	550m:	6:57.95	700m:	8:53.08		
	150m:	1:47.80	300m:	3:43.01	450m:	5:39.91	600m:	7:35.99	750m:	9:31.11		
2.	Vandenschrick Kaat		RSCM/20467/00		NT	10:57.23				424		
	50m:	34.92	200m:	2:38.34	350m:	4:43.92	500m:	6:49.12	650m:	8:57.12	800m:	10:57.23
	100m:	1:14.75	250m:	3:20.17	400m:	5:25.36	550m:	7:31.37	700m:	9:37.97		
	150m:	1:56.92	300m:	4:01.75	450m:	6:07.34	600m:	8:13.85	750m:	10:19.42		
3.	Cuyvers Fien		MOZKA/20324/00		11:10.46	11:07.06				405		
	50m:	36.75	200m:	2:39.89	350m:	4:46.42	500m:	6:54.34	650m:	9:03.31	800m:	11:07.06
	100m:	1:16.95	250m:	3:22.18	400m:	5:29.36	550m:	7:37.54	700m:	9:44.70		
	150m:	1:58.16	300m:	4:04.38	450m:	6:11.32	600m:	8:20.72	750m:	10:26.53		

17 jaar en ouder

1.	Van Beylen Ann		RSCM/20264/84		10:13.50	10:15.42				516		
	50m:	33.13	200m:	2:26.01	350m:	4:22.78	500m:	6:20.57	650m:	8:19.89	800m:	10:15.42
	100m:	1:09.59	250m:	3:04.85	400m:	5:01.77	550m:	7:00.70	700m:	8:59.01		
	150m:	1:47.83	300m:	3:43.47	450m:	5:41.20	600m:	7:40.09	750m:	9:38.33		
2.	De Jongh Jennifer		ZVL/20096/94		11:40.22	11:14.67				392		
	50m:	36.53	200m:	2:42.56	350m:	4:49.17	500m:	6:57.84	650m:	9:05.94	800m:	11:14.67
	100m:	1:18.21	250m:	3:24.29	400m:	5:32.46	550m:	7:39.96	700m:	9:49.82		
	150m:	1:59.53	300m:	4:07.33	450m:	6:14.51	600m:	8:23.78	750m:	10:31.92		
3.	Janssens Sofie		ZVL/20162/98		11:42.29	11:21.17				381		
	50m:	36.06	200m:	2:43.12	350m:	4:53.07	500m:	7:03.89	650m:	9:14.48	800m:	11:21.17
	100m:	1:17.15	250m:	3:26.36	400m:	5:36.06	550m:	7:47.69	700m:	9:58.14		
	150m:	1:59.91	300m:	4:09.68	450m:	6:20.26	600m:	8:30.95	750m:	10:41.24		

Programmanr. 2
18-10-2015 - 9:45

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2014

Rang									Tijd	Pnt		
11 - 12 jaar												
1.	Van Rompaey Senne		BRABO/10007/03		NT	20:59.62				330		
	50m:	35.58	300m:	4:03.10	550m:	7:34.55	800m:	11:06.87	1050m:	14:40.40	1300m:	18:15.01
	100m:	1:15.85	350m:	4:45.71	600m:	8:16.56	850m:	11:49.72	1100m:	15:23.15	1350m:	18:57.83
	150m:	1:57.49	400m:	5:27.27	650m:	8:59.72	900m:	12:32.33	1150m:	16:05.70	1400m:	19:40.49
	200m:	2:39.11	450m:	6:09.89	700m:	9:41.37	950m:	13:15.18	1200m:	16:48.82	1450m:	20:20.35
	250m:	3:21.58	500m:	6:51.93	750m:	10:24.30	1000m:	13:57.56	1250m:	17:31.68	1500m:	20:59.62
2.	Kenis Joren		MOZKA/10338/04		NT	23:24.09				238		
	50m:	37.42	300m:	4:22.51	550m:	8:17.45	800m:	12:14.23	1050m:	16:16.73	1350m:	21:07.72
	100m:	1:20.38	350m:	5:09.28	600m:	9:04.41	850m:	13:02.63	1100m:	17:06.23	1400m:	21:54.07
	150m:	2:05.79	400m:	5:56.55	650m:	9:51.20	900m:	13:50.88	1150m:	17:54.42	1500m:	23:24.09
	200m:	2:50.41	450m:	6:43.18	700m:	10:38.96	950m:	14:39.17	1250m:	19:31.91		
	250m:	3:36.17	500m:	7:30.48	750m:	11:27.17	1000m:	15:27.68	1300m:	20:19.85		

Lange Afstand
ANTWERPEN, 18-10-2015

Programmanr. 2, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang															Tijd	Pnt		
3.	Joosten Florian														MOZKA/11018/04	NT 24:11.45	216	
	50m:	38.92	300m:	4:37.37	550m:	8:41.29	800m:	12:48.33	1050m:	16:54.81	1300m:	21:02.91						
	100m:	1:24.68	350m:	5:24.55	600m:	9:31.07	850m:	13:37.26	1100m:	17:45.07	1350m:	21:50.71						
	150m:	2:11.46	400m:	6:14.71	650m:	10:18.67	900m:	14:27.55	1150m:	18:34.55	1400m:	22:40.51						
	200m:	3:00.03	450m:	7:03.74	700m:	11:09.03	950m:	15:16.25	1200m:	19:24.63	1450m:	23:26.89						
	250m:	3:47.25	500m:	7:53.24	750m:	11:58.72	1000m:	16:06.68	1250m:	20:12.58	1500m:	24:11.45						
dis	Van Dyck Brent														SHARK/10428/03	21:47.20	dis	
	SW 4.4 - valse start																	
13 - 14 jaar																		
1.	Lauwers Sander														RSCM/10497/01	21:55.89 18:48.14	460	
	50m:	33.59	300m:	3:39.96	550m:	6:48.89	800m:	9:58.93	1050m:	13:08.05	1300m:	16:19.34						
	100m:	1:10.78	350m:	4:17.36	600m:	7:27.25	850m:	10:36.76	1100m:	13:46.19	1350m:	16:57.33						
	150m:	1:47.87	400m:	4:55.55	650m:	8:04.90	900m:	11:14.41	1150m:	14:24.42	1400m:	17:35.16						
	200m:	2:25.30	450m:	5:33.18	700m:	8:42.71	950m:	11:52.25	1200m:	15:02.59	1450m:	18:12.51						
	250m:	3:02.35	500m:	6:10.96	750m:	9:20.37	1000m:	12:30.30	1250m:	15:40.66	1500m:	18:48.14						
2.	De Meyer Niels														BRABO/10982/02	20:30.89 19:35.57	406	
	50m:	34.43	300m:	3:52.81	550m:	7:13.79	800m:	10:33.42	1050m:	13:51.33	1300m:	17:07.04						
	100m:	1:13.28	350m:	4:33.13	600m:	7:53.77	850m:	11:13.43	1100m:	14:30.49	1350m:	17:46.20						
	150m:	1:53.26	400m:	5:13.01	650m:	8:34.21	900m:	11:52.41	1150m:	15:09.87	1400m:	18:24.97						
	200m:	2:32.73	450m:	5:53.60	700m:	9:13.99	950m:	12:32.33	1200m:	15:48.57	1450m:	19:02.09						
	250m:	3:12.77	500m:	6:33.37	750m:	9:54.05	1000m:	13:11.44	1250m:	16:28.01	1500m:	19:35.57						
3.	Bellens Jens														SHARK/10493/01	21:02.67 19:36.07	406	
	50m:	35.66	300m:	3:53.93	550m:	7:14.69	800m:	10:32.83	1050m:	13:50.11	1300m:	17:06.61						
	100m:	1:15.09	350m:	4:33.88	600m:	7:54.02	850m:	11:12.35	1100m:	14:29.82	1350m:	17:45.53						
	150m:	1:54.93	400m:	5:14.14	650m:	8:33.83	900m:	11:51.86	1150m:	15:08.69	1400m:	18:24.75						
	200m:	2:34.38	450m:	5:53.87	700m:	9:13.68	950m:	12:31.28	1200m:	15:47.67	1450m:	19:01.44						
	250m:	3:14.11	500m:	6:34.59	750m:	9:53.49	1000m:	13:10.58	1250m:	16:27.08	1500m:	19:36.07						
4.	Van Kemenade Brent														BRABO/10012/02	NT 20:32.38	353	
	50m:	34.71	300m:	3:59.25	550m:	7:28.13	800m:	10:58.63	1050m:	14:29.20	1300m:	17:54.69						
	100m:	1:14.86	350m:	4:40.74	600m:	8:10.11	850m:	11:40.78	1100m:	15:10.58	1350m:	18:34.83						
	150m:	1:55.29	400m:	5:22.31	650m:	8:52.81	900m:	12:22.57	1150m:	15:49.93	1400m:	19:16.16						
	200m:	2:36.36	450m:	6:03.33	700m:	9:34.93	950m:	13:04.29	1200m:	16:31.75	1450m:	19:55.49						
	250m:	3:17.52	500m:	6:45.54	750m:	10:16.65	1000m:	13:46.71	1250m:	17:13.50	1500m:	20:32.38						
5.	Raets Sander														BRABO/10005/02	21:55.46 20:56.41	333	
	50m:	36.92	300m:	4:08.36	550m:	7:40.28	800m:	11:13.62	1050m:	14:47.04	1300m:	18:16.90						
	100m:	1:18.82	350m:	4:50.40	600m:	8:22.88	850m:	11:56.03	1100m:	15:30.36	1350m:	18:58.60						
	150m:	2:00.15	400m:	5:33.09	650m:	9:05.55	900m:	12:39.54	1150m:	16:11.68	1400m:	19:40.63						
	200m:	2:42.85	450m:	6:14.93	700m:	9:48.99	950m:	13:22.01	1200m:	16:53.81	1450m:	20:20.07						
	250m:	3:25.70	500m:	6:58.01	750m:	10:30.45	1000m:	14:04.90	1250m:	17:34.21	1500m:	20:56.41						
6.	De Keersmaeker Arthur														BRABO/10945/02	21:28.25 20:59.43	330	
	50m:	35.79	300m:	4:06.95	550m:	7:41.70	800m:	11:16.99	1050m:	14:50.90	1300m:	18:16.09						
	100m:	1:16.82	350m:	4:51.78	600m:	8:25.41	850m:	12:00.28	1100m:	15:32.16	1350m:	18:57.54						
	150m:	1:59.28	400m:	5:34.79	650m:	9:08.44	900m:	12:44.53	1150m:	16:12.62	1400m:	19:38.97						
	200m:	2:41.05	450m:	6:16.50	700m:	9:52.39	950m:	13:27.35	1200m:	16:53.65	1450m:	20:20.09						
	250m:	3:23.54	500m:	6:59.13	750m:	10:34.91	1000m:	14:09.34	1250m:	17:34.40	1500m:	20:59.43						
7.	Kenis Lander														MOZKA/10329/01	NT 23:03.06	249	
	50m:	37.49	300m:	4:24.97	550m:	8:20.02	800m:	12:15.46	1100m:	16:56.46	1350m:	20:51.24						
	100m:	1:19.73	350m:	5:11.67	600m:	9:07.71	850m:	13:01.79	1150m:	17:41.94	1400m:	21:37.84						
	150m:	2:04.93	400m:	5:59.14	650m:	9:54.38	900m:	13:49.67	1200m:	18:29.50	1450m:	22:23.74						
	200m:	2:51.10	450m:	6:46.16	700m:	10:40.87	950m:	14:35.90	1250m:	19:17.09	1500m:	23:03.06						
	250m:	3:37.78	500m:	7:33.22	750m:	11:27.89	1050m:	16:10.59	1300m:	20:04.24								

Lange Afstand
ANTWERPEN, 18-10-2015

Programmanr. 2, Heren, 1500m vrije slag

15 - 16 jaar

1. Willems Bruno	ZVL/10136/99	17:51.39	17:27.98	574
50m: 30.06	300m: 3:24.85	550m: 6:20.58	800m: 9:16.07	1050m: 12:12.28
100m: 1:04.88	350m: 4:00.66	600m: 6:55.70	850m: 9:51.26	1100m: 12:47.26
150m: 1:40.06	400m: 4:35.56	650m: 7:30.91	900m: 10:26.29	1150m: 13:22.34
200m: 2:15.01	450m: 5:10.66	700m: 8:05.77	950m: 11:01.84	1200m: 13:57.46
250m: 2:50.23	500m: 5:45.51	750m: 8:40.98	1000m: 11:36.93	1250m: 14:32.68
				1300m: 15:07.85
				1350m: 15:43.01
				1400m: 16:18.33
				1450m: 16:53.77
				1500m: 17:27.98
2. Haesen Sebastian	RSCM/10454/99	19:35.64	18:24.38	490
50m: 31.69	300m: 3:30.99	550m: 6:35.00	800m: 9:39.76	1050m: 12:46.92
100m: 1:06.60	350m: 4:07.72	600m: 7:12.15	850m: 10:16.73	1100m: 13:24.53
150m: 1:41.85	400m: 4:44.95	650m: 7:49.04	900m: 10:54.31	1150m: 14:01.67
200m: 2:18.04	450m: 5:21.35	700m: 8:26.11	950m: 11:31.84	1200m: 14:40.04
250m: 2:54.33	500m: 5:58.55	750m: 9:02.80	1000m: 12:09.31	1250m: 15:17.58
				1300m: 15:56.13
				1350m: 16:33.84
				1400m: 17:11.82
				1450m: 17:48.76
				1500m: 18:24.38
3. Staes Thomas	SHARK/10350/00	19:57.10	18:40.13	470
50m: 31.75	300m: 3:34.13	550m: 6:42.16	800m: 9:50.47	1050m: 13:01.08
100m: 1:07.16	350m: 4:11.53	600m: 7:19.78	850m: 10:28.72	1100m: 13:39.03
150m: 1:44.02	400m: 4:48.48	650m: 7:57.75	900m: 11:06.86	1150m: 14:17.35
200m: 2:20.16	450m: 5:26.34	700m: 8:35.46	950m: 11:45.25	1200m: 14:55.13
250m: 2:57.27	500m: 6:03.84	750m: 9:13.17	1000m: 12:22.94	1250m: 15:33.31
				1300m: 16:11.41
				1350m: 16:49.38
				1400m: 17:27.08
				1450m: 18:04.32
				1500m: 18:40.13
4. Verhulsel Sander	ZVL/10138/99	18:22.23	18:56.71	449
50m: 32.93	350m: 4:19.57	800m: 10:05.36	1050m: 13:17.43	1250m: 15:51.76
150m: 1:47.63	450m: 8:11.08	850m: 10:43.84	1100m: 13:55.58	1300m: 16:30.05
200m: 2:24.44	700m: 8:48.94	900m: 11:21.71	1150m: 14:34.92	1350m: 17:08.38
250m: 3:03.14	750m: 9:27.51	950m: 12:38.15	1200m: 15:12.87	1400m: 17:45.88
5. Aerts Noury	ZVL/10178/99	19:18.76	19:08.88	435
50m: 32.57	300m: 3:41.52	550m: 6:54.65	800m: 10:07.95	1050m: 13:22.14
100m: 1:09.16	350m: 4:19.93	600m: 7:33.17	850m: 10:46.97	1100m: 14:00.90
150m: 1:46.73	400m: 4:58.99	650m: 8:11.84	900m: 11:25.94	1150m: 14:39.69
200m: 2:24.53	450m: 5:37.59	700m: 8:50.39	950m: 12:04.64	1200m: 15:18.38
250m: 3:02.93	500m: 6:16.17	750m: 9:29.10	1000m: 12:43.27	1250m: 15:57.18
				1300m: 16:35.93
				1350m: 17:15.05
				1400m: 17:54.04
				1450m: 18:32.21
				1500m: 19:08.88
6. De Vocht Stef	ZVL/11005/99	NT	20:08.08	374
50m: 32.25	300m: 3:47.62	550m: 7:08.35	800m: 10:32.22	1050m: 13:59.36
100m: 1:09.36	350m: 4:27.84	600m: 7:47.36	850m: 11:13.94	1100m: 14:40.29
150m: 1:49.37	400m: 5:07.32	650m: 8:28.14	900m: 11:55.32	1150m: 15:22.20
200m: 2:27.70	450m: 5:48.20	700m: 9:08.72	950m: 12:37.24	1200m: 16:04.06
250m: 3:08.04	500m: 6:27.38	750m: 9:50.76	1000m: 13:17.70	1250m: 16:46.93
				1300m: 17:28.18
				1350m: 18:09.81
				1400m: 18:52.32
				1450m: 19:31.73
				1500m: 20:08.08
7. Thijs Lucas	ZGEEL/10133/00	NT	20:32.24	353
50m: 36.36	300m: 4:02.92	550m: 7:32.32	800m: 11:03.11	1050m: 14:30.97
100m: 1:16.99	350m: 4:44.69	600m: 8:14.29	850m: 11:44.98	1100m: 15:11.60
150m: 1:58.23	400m: 5:26.10	650m: 8:56.40	900m: 12:26.70	1150m: 15:53.23
200m: 2:39.26	450m: 6:08.16	700m: 9:38.79	950m: 13:08.65	1200m: 16:33.99
250m: 3:21.30	500m: 6:50.47	750m: 10:21.02	1000m: 13:49.57	1250m: 17:15.41
				1300m: 17:55.70
				1350m: 18:36.15
				1400m: 19:17.09
				1450m: 19:56.02
				1500m: 20:32.24
8. Jacobs Wannas	AZV/120/00	23:59.64	20:34.37	351
50m: 35.03	300m: 4:01.06	550m: 7:28.59	800m: 10:55.45	1050m: 14:24.56
100m: 1:14.93	350m: 4:42.66	600m: 8:10.31	850m: 11:37.46	1100m: 15:06.70
150m: 1:56.30	400m: 5:24.30	650m: 8:51.98	900m: 12:20.00	1150m: 15:48.25
200m: 2:37.86	450m: 6:05.48	700m: 9:33.68	950m: 13:01.40	1200m: 16:29.76
250m: 3:19.06	500m: 6:46.94	750m: 10:14.03	1000m: 13:42.95	1250m: 17:11.34
				1300m: 17:52.58
				1350m: 18:33.43
				1400m: 19:14.34
				1450m: 19:55.15
				1500m: 20:34.37
9. Schaecken Alexander	ZGEEL/10142/99	NT	20:40.71	345
50m: 33.90	300m: 3:57.86	550m: 7:29.86	800m: 10:59.55	1050m: 14:29.42
100m: 1:12.58	350m: 4:40.49	600m: 8:12.57	850m: 11:41.15	1100m: 15:11.63
150m: 1:53.20	400m: 5:23.07	650m: 8:54.63	900m: 12:23.70	1150m: 15:53.51
200m: 2:34.31	450m: 6:04.55	700m: 9:36.51	950m: 13:05.17	1200m: 16:35.60
250m: 3:16.22	500m: 6:47.21	750m: 10:17.82	1000m: 13:47.22	1250m: 17:18.15
				1300m: 18:00.15
				1350m: 18:42.03
				1400m: 19:23.27
				1450m: 20:03.43
				1500m: 20:40.71
10. Van Loock Stijn	ZVL/10188/99	NT	20:49.20	338
50m: 36.55	300m: 4:07.01	550m: 7:40.42	800m: 11:11.73	1050m: 14:41.82
100m: 1:16.96	350m: 4:49.96	600m: 8:22.50	850m: 11:53.43	1100m: 15:23.73
150m: 1:59.52	400m: 5:32.88	650m: 9:04.95	900m: 12:34.89	1150m: 16:06.43
200m: 2:41.73	450m: 6:15.87	700m: 9:47.16	950m: 13:16.96	1200m: 16:48.13
250m: 3:24.27	500m: 6:58.09	750m: 10:29.62	1000m: 13:59.41	1250m: 17:30.84
				1300m: 18:12.68
				1350m: 18:54.06
				1400m: 19:35.55
				1450m: 20:13.46
				1500m: 20:49.20

Lange Afstand
ANTWERPEN, 18-10-2015

Programmanr. 2, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang															Tijd	Pnt		
11.	Van Cappellen Tom														ZVL/11002/99	NT 21:12.98	320	
	50m:	34.06	300m:	3:57.48	550m:	7:31.35	800m:	11:07.99	1050m:	14:45.81	1300m:	18:22.04						
	100m:	1:12.18	350m:	4:39.96	600m:	8:14.00	850m:	11:51.49	1100m:	15:29.17	1350m:	19:05.42						
	150m:	1:52.64	400m:	5:22.16	650m:	8:57.63	900m:	12:35.01	1150m:	16:13.01	1400m:	19:48.13						
	200m:	2:33.21	450m:	6:04.93	700m:	9:40.77	950m:	13:18.71	1200m:	16:55.86	1450m:	20:31.61						
	250m:	3:15.20	500m:	6:47.75	750m:	10:24.75	1000m:	14:02.03	1250m:	17:39.36	1500m:	21:12.98						
17 jaar en ouder																		
1.	Aluisio Vincent														BRABO/10939/98	19:01.51 18:44.14	465	
	50m:	32.27	300m:	3:42.67	550m:	6:54.15	800m:	10:03.20	1050m:	13:09.56	1300m:	16:15.80						
	100m:	1:08.94	350m:	4:21.56	600m:	7:31.87	850m:	10:41.03	1100m:	13:46.83	1350m:	16:51.39						
	150m:	1:46.96	400m:	5:00.41	650m:	8:09.74	900m:	11:18.32	1150m:	14:23.80	1400m:	17:25.94						
	200m:	2:25.26	450m:	5:38.50	700m:	8:47.74	950m:	11:55.69	1200m:	15:00.79	1450m:	18:07.84						
	250m:	3:03.79	500m:	6:16.55	750m:	9:25.42	1000m:	12:32.74	1250m:	15:38.50	1500m:	18:44.14						
2.	Ver Heyen Yelth														MOZKA/10251/97	18:11.27 19:40.98	401	
	50m:	33.09	300m:	3:47.19	550m:	7:03.01	800m:	10:21.03	1050m:	13:41.19	1300m:	17:02.13						
	100m:	1:10.39	350m:	4:26.33	600m:	7:43.11	850m:	11:00.72	1100m:	14:20.58	1350m:	17:42.55						
	150m:	1:49.52	400m:	5:05.55	650m:	8:22.06	900m:	11:40.33	1150m:	15:01.12	1400m:	18:22.57						
	200m:	2:28.96	450m:	5:44.55	700m:	9:01.82	950m:	12:21.11	1200m:	15:41.73	1450m:	19:01.79						
	250m:	3:08.34	500m:	6:23.84	750m:	9:41.94	1000m:	13:01.04	1250m:	16:21.90	1500m:	19:40.98						
3.	Van Limbergen Jarno														MOZKA/10319/98	19:14.44 20:05.03	377	
	50m:	34.04	300m:	3:52.61	550m:	7:16.17	800m:	10:40.29	1050m:	14:03.48	1300m:	17:27.38						
	100m:	1:12.16	350m:	4:33.09	600m:	7:57.14	850m:	11:20.78	1100m:	14:44.73	1350m:	18:07.56						
	150m:	1:50.95	400m:	5:14.37	650m:	8:37.54	900m:	12:01.93	1150m:	15:24.80	1400m:	18:48.44						
	200m:	2:31.49	450m:	5:54.68	700m:	9:18.63	950m:	12:42.12	1200m:	16:06.04	1450m:	19:26.95						
	250m:	3:11.69	500m:	6:35.61	750m:	9:58.98	1000m:	13:23.11	1250m:	16:46.27	1500m:	20:05.03						